



ASSIGNMENT SHEET

LESSON 17: PUTTING THE TRUTH ABOUT DRUGS TO USE

The statements below are all lies about drugs. They are often used to try to persuade young people to begin or continue to take illegal street drugs or to abuse prescription drugs.

LIES ABOUT DRUGS:

Drugs make you feel better.

Drugs make you more creative.

Marijuana is actually better for you than tobacco.

Drugs make you more fun to be with.

Drugs wear off and don't cause any permanent damage to your body.

Drugs give you energy.

Prescription drugs can't hurt you.

You can stop taking drugs whenever you want.

Alcohol isn't really a drug.

Taking drugs is a personal decision. It's not going to affect anyone else but you, so it's really your own business and no one else's.

STEP 1:

- Working with a partner, write one of the ten lies on one side of a 4" x 6" index card. On the other side of the card, write three true statements about drugs that you could use to contradict the lie. ("Contradict" means "to speak against.") Repeat this for all ten lies listed above, writing one lie on one side of each card and three true statements on the other side.



- You may use The Truth About Drugs booklets to find the statements to contradict the lies.
- Do not use the same “truth” statement more than once. Because there are ten lies in this list, you will need thirty different true statements to put on the cards.

STEP 2:

- Use the cards you have made to practice contradicting lies about drugs.
- Your partner reads the lie and holds up a card. You state two truths that contradict the lie, referring to the “truth” side of the card as needed.
- Practice this until you can contradict the lies with truths, without referring to the cards, and you are confident of your ability to do this.
- You may find that it works better to switch roles with your partner several times while you are practicing this—first your partner reads the lies for a few minutes and you state truths, then you read the lies for a few minutes and your partner states truths, then your partner reads the lies again, etc., until you have both completed the step.