

Training 3: Umbuzo Ophindaphindayo

Injongo

Le-drill ikufundisa ukuthi ungayicela kanjani into kaninginingi, kepha isikhathi ngasinye uyibuza *kabusha*, kube sengathi ayikaze ibuzwe phambilini futhi ubusanda kuyicabanga. Leli khono liyasiza uma umbuzo owubuzayo ungaphendulwanga futhi udinga ukuwubuzwa futhi.

Isikhundla

Wena nomunye umuntu nizihlalele cishe ngamamitha amathathu, nibhekene.

Imibuzo

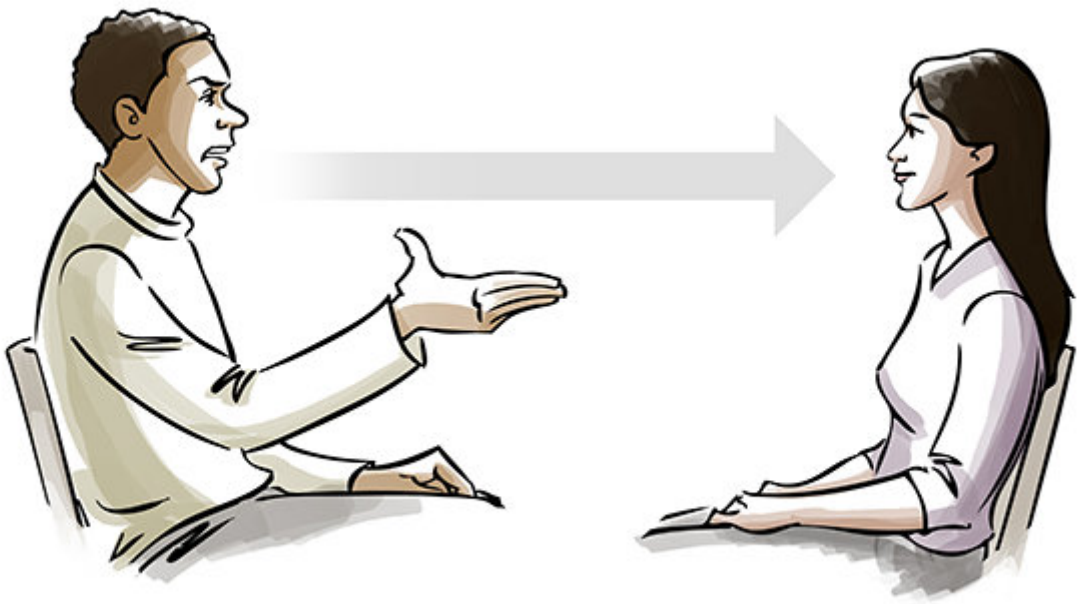
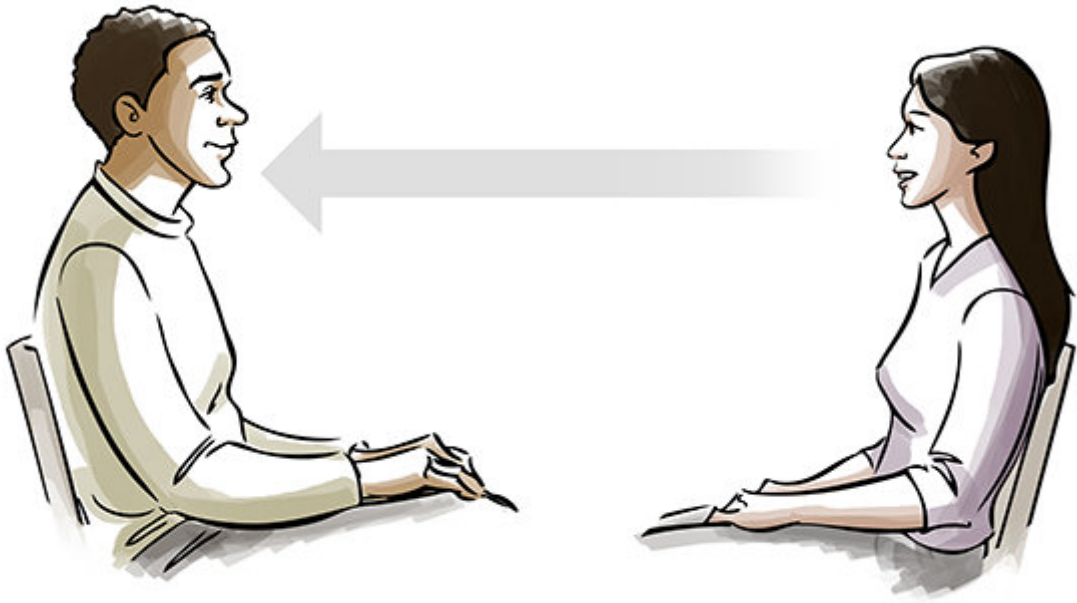
Kule-drill, ubuza umuntu ngaphesheya kwakho omunye wemibuzo elandelayo:

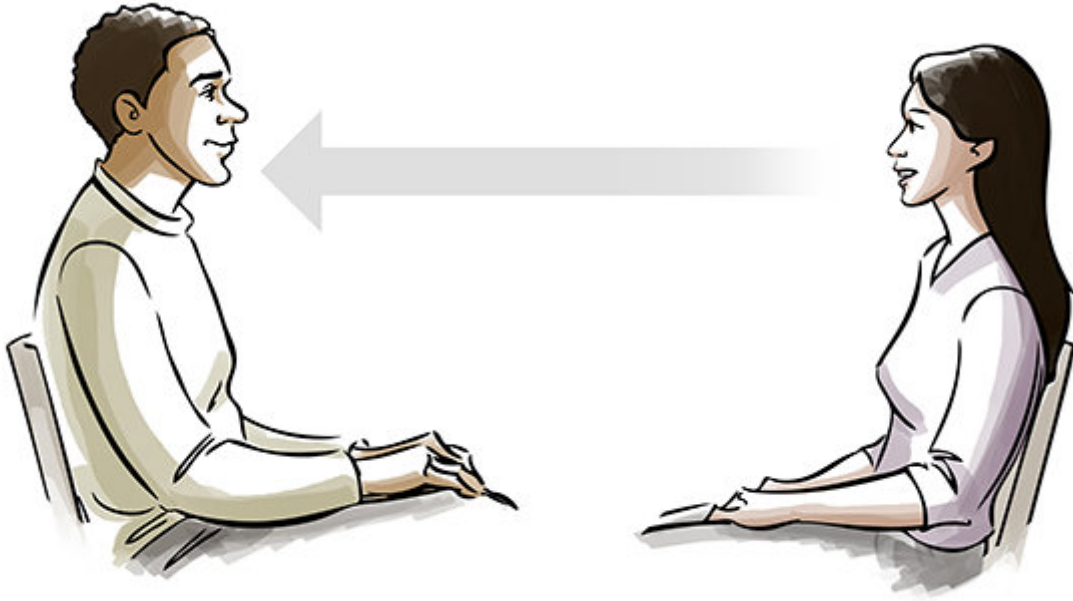
“NGABE IZINYONI ZIYANDIZA?”

Noma

“IZINHLANZI ZIYABHUKUDA?”

Le mibuzo isetshenziswa ngoba yimibuzo noma ngubani ongayiphendula. Khetha omunye wemibuzo oyisebenzisayo ku-drill bese uyisebenzisa kaninginingi. Ungahlanganisi lemibuzo emibili.





Imiyalelo

Le-drill yenziwa ngale ndlela elandelayo:

Wena: Buza i-coach wakho, “Ngabe izinyoni ziyandiza?” noma “Izinhlanzi ziyabhukuda?”

I-coach: Phendula umbuzo.

Wena: Lapho i-coach wakho esewuphendulile umbuzo, acknowledge impendulo.

Bese ubuza umbuzo ofanayo futhi, *kabusha*, kube sengathi akukaze kubuzwe phambilini futhi ubusanda kukucabanga.

Umfundi uyalungiswa uma ehluleka ukuthola impendulo yombuzo noma ehluleka ukuphinda umbuzo oqondile.

Patter

I-coach usebenzisa u-“Qala” kanye no-“Yilokho” njengakuqala kuma-TRs. Kodwa-ke, i-coach akaboshelwe ukuphendula umbuzo womfundi. Kunalokho angenza umbono ongawuphenduli ngempela umbuzo ukuze alahle umfundi. Isibonelo:

Umfundi: “Izinhlanzi ziyabhukuda?”

I-coach: “Awulambile?”

Umfundi: “Yebo.”

I-coach: "Yilokho."

Umqeqeshi akaphendulanga umbuzo. Uma umbuzo ungaphendulwa, umfundi kufanele awuphindaphinde lowo mbuzo aze athole impendulo.

Isibonelo:

Umfundi: "Izinhlanzi ziyabhukuda?"

I-coach: "Awulambile?"

Umfundi: "Izinhlanzi ziyabhukuda?"

I-coach: "Yebo."

Umpfumela Wokugcina

I-drill yenziwa kuze kwenzeke lokhu okulandelayo:

1. Ungawubuza kahle lo mbuzo, uphindaphinde, sengathi awukaze uwubuze ngaphambilini.
2. Uyakwazi uku-acknowledge impendulo ka-coach wakho njalo.
3. I-coach wakho wenelisekile ukuthi ungakwenza lokho.